

Activity: Scavenger hunts

While you're at home why not come up with your own scavenger hunts. They're easy to make up and the whole family can join in.

All you need to do is give children a list of things to find and bring back to you. Young children may like something to put their items in, while older children may want to time how quickly they can find all the items.

Some household items for the children to find:

1. Something to brush my hair
2. Something I wear on my head
3. Something the colour blue
4. Something cuddly
5. Something I can read
6. Something shiny

You can theme your scavenger hunts. For example:

Texture: find me something, squashy, hard, smooth, rough

Number: find me 4 books, 2 pairs of socks, 3 toys

Clothes: find me something to wear on my head, feet, hands

Colours of the rainbow: find something, red, orange, yellow, green, blue, indigo and violet



Take it outside

We're going on a nature hunt...

If you manage to do your daily exercise, why not do a nature hunt while you're out on a walk with your child/ren. You might just want to spot things in the environment or collect things in a bucket or bag.



Our Natural Thinkers team came up with this nature hunt for you to do with your young child/ren and help you to connect with nature.



Something beautiful?



Something prickly or 'ouchy'?



Something round?



A reminder of spring



Something as long as your thumb?



A footprint, but whose?



Something tall?



Something small?



Something unusual?



Plant growing in concrete

What are my children learning from this?

Personal, social and emotional development: enjoying playing games; developing interest in new activities

Communication and language: learning new words; developing listening skills and understanding; following instructions

Mathematics: developing counting skills